

**Have Fun!**

**Try something new!**

# Skill Up Days

Chantry, Castle St, Thornbury

*Learn how to:*

- |          |   |
|----------|---|
| 21st May | <ul style="list-style-type: none"><li>• <i>Make your Own Toiletries from natural materials (11am)</i></li><li>• <i>Bike Maintenance, gears, brakes (9.30am)</i></li><li>• <i>Jewellery making from recycled materials (2pm)</i></li></ul> |
| 4th June | <ul style="list-style-type: none"><li>• <i>Make creams &amp; ointments with herbs (11am)</i></li><li>• <i>Make herbal first aid remedies (2pm)</i></li></ul>  |
| 11 June  | <ul style="list-style-type: none"><li>• <i>Food Preservation - jams, chutneys, bottling (9.30am)</i></li></ul>  |
|          | <p><i>NB: This workshop At St Mary's Church Hall</i></p>  |
| 18 June  | <ul style="list-style-type: none"><li>• <i>Remodel your clothes - upcycle, refresh (2pm)</i></li></ul>  |

***All demonstrations/workshops will last 2-3 hrs  
Cost per single workshop: £10, 2+workshops £8 each,  
Under-18s half price  
to include refreshments on arrival***

**Workshop places are limited—registration essential  
Email: [booking@sustainablethornbury.org](mailto:booking@sustainablethornbury.org) or tel: 01454 619069  
More details from [www.sustainablethornbury.org](http://www.sustainablethornbury.org)**